




Williams Academy Breakfast Menu — December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	December 1 Sausage, Egg & Cheese on WG English Muffin WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	**December 2** WG Sweet Bun WG Cereal w/ WG Graham Crackers WG Blueberry Bagel Chilled Peaches Variety of Juice Choice of Milk	**December 3** Chicken Biscuit WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	**December 4** WG Dunkin Stix WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Pineapple Variety of Juice Choice of Milk
December 7 WG Pancakes WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Mixed Fruit Variety of Juice Choice of Milk	**December 8** Sausage Biscuit WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	**December 9** WG Banana Bread Slice WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Pears Variety of Juice Choice of Milk	**December 10** Bacon, Egg & Cheese on WG English Muffin WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	**December 11** WG Apple Strudel WG Cereal w/ WG Graham Crackers WG Pop-Tarts Mandarin Oranges Variety of Juice Choice of Milk
December 14 WG Waffle WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Applesauce Variety of Juice Choice of Milk	**December 15** Scrambled Eggs, Bacon, Grits WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	**December 16** WG Cinnamon Roll WG Cereal w/ WG Graham Crackers WG Blueberry Bagel Chilled Peaches Variety of Juice Choice of Milk	**December 17** Biscuit w/ Sausage Gravy WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	**December 18** No School
December 21	**December 22**	**December 23**	**December 24**	**December 25**
December 28	**December 29**	**December 30**	**December 31**	

*Menu subject to change.

Families Making the Connection

N.C. Jr. Chefs Create New Recipes for School Meals

This is the 10th year of the N.C. Junior Chef Competition (NCJCC)! The NCJCC was created to inspire the next generation of culinary professionals, stimulate interest in locally produced agriculture, increase participation in School Nutrition Programs, and encourage healthy eating. The competition seeks student created and approved recipes for school meals and recognizes students for their ability to work as members of a team to demonstrate valuable skills in recipe development, food preparation, marketing, public presentation, organization, and local food systems.

Teams of two to four high school students, grades 9-12, work with their teachers and local School Nutrition Programs to create a recipe for a school lunch entrée that:

- adheres to National School Lunch Program requirements,
- includes at least two North Carolina-grown ingredients and one USDA Foods item, and
- appeals to students.

Based on applications and recipes submitted, up to eight finalist teams are selected to compete in a statewide cook-off. The first-place team advances to the Southeast Jr. Chef Competition. Student Jr. Chefs receive chef hats, coats and aprons, certificates, and medals based on team score. Student members of the top three teams at the state and regional level are offered scholarships. Also, top student recipes are being scaled up for N.C. school meals. Learn more at https://go.ncdpi.gov/ncjrchef.

USDA is an equal opportunity provider, employer, and lender.
https://go.ncdpi.gov/ncschoolmeals