



## Williams Academy HS Lunch Menu

**August 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>August 1</b>
<b>August 4</b>	<b>August 5</b>	<b>August 6</b> Chicken Tenders WG Roll Mashed Potatoes Glazed Carrots Applesauce Fresh Fruit Choice of Milk	<b>August 7</b> Sloppy Joe on WG Bun Broccoli & Cheese Coleslaw Mandarin Oranges Fresh Fruit Choice of Milk	<b>August 8</b> Turkey Club Croissant Sweet Potato Fries Green Beans Fresh Apple Slices Fresh Fruit Choice of Milk
<b>August 11</b> Hamburger or Cheeseburger on WG Bun Tater Tots Baked Beans Mixed Fruit Fresh Fruit Choice of Milk	<b>August 12</b> Chicken Parmesan WG Roll Green Beans Mixed Vegetables Chilled Pears Fresh Fruit Choice of Milk	<b>August 13</b> Beefy Nachos Black Beans Sweet Yellow Corn Fresh Apple Slices Fresh Fruit Choice of Milk	<b>August 14</b> General Tso Chicken WG Fried Rice Steamed Broccoli Glazed Carrots Pineapple Fresh Fruit Choice of Milk	<b>August 15</b> Pizza Sticks w/ Marinara Carrot Sticks w/ Dip Garden Salad Peaches Fresh Fruit Choice of Milk
<b>August 18</b> Chicken & Cheese Quesadilla Sweet Yellow Corn Pinto Beans Chilled Pears Fresh Fruit Choice of Milk	<b>August 19</b> WG Cheese or Pepperoni Pizza Carrot Sticks with Dip Garden Salad Fresh Apple Slices Fresh Fruit Choice of Milk	<b>August 20</b> Chicken Ranch Wrap Broccoli w/ Dip Black-eye Peas Applesauce Fresh Fruit Choice of Milk	<b>August 21</b> WG Corn Dog Baked Beans Potato Wedges Mandarin Oranges Fresh Fruit Choice of Milk	<b>August 22</b> Chicken Sandwich on WG Bun Green Beans Glazed Sweet Potatoes Mixed Fruit Fresh Fruit Choice of Milk
<b>August 25</b> Crispy Chicken Leg WG Roll Green Beans Mashed Potatoes Baked Apples Fresh Fruit Choice of Milk	<b>August 26</b> Hot Dog on WG Bun Tater Tots Baked Beans Mandarin Oranges Fresh Fruit Choice of Milk	<b>August 27</b> Chicken & WG Waffles Steamed Broccoli Sweet Potato Fries Chilled Pears Fresh Fruit Choice of Milk	<b>August 28</b> Meatball Sub Garden Salad Carrot Sticks w/ Dip Pineapple Fresh Fruit Choice of Milk	<b>August 29</b> Beef Tacos Black Beans Sweet Yellow Corn Chilled Peaches Fresh Fruit Choice of Milk

### Families Making the Connection School Meals Make a Difference!

\*Menu subject to change.

All public schools in North Carolina offer school lunch. Most also offer school breakfast. All students can participate in school meal programs. Families can apply to see if they qualify for school meal benefits for their students. Ask your school about a meal application.

Many students and their families depend on school meals. School meals offer a variety of lean proteins, whole grains, fruits, vegetables, lowfat or fat free dairy, and locally grown ingredients. School meals make a difference!

There are many benefits to school meals:

- Research shows that students who participate in school meal programs consume more whole grains, milk, fruits, and vegetables.
- Students who eat school meals have better attendance, more focus in class, and improved academic performance.
- Participation in School Nutrition Programs supports social emotional learning.
- School meals are a nutritious, convenient choice for families.
- Eating school meals supports local School Nutrition Programs, farmers, and communities.