



## Williams Academy HS Lunch Menu

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>December 1</b> Chicken Tenders WG Roll Mashed Potatoes Glazed Carrots Applesauce Fresh Fruit Choice of Milk	<b>December 2</b> Spaghetti w/ Meat Sauce WG Roll Garden Salad Black-eye Peas Chilled Peaches Fresh Fruit Choice of Milk	<b>December 3</b> Chicken Fajitas Black Beans Sweet Yellow Corn Chilled Peas Fresh Fruit Choice of Milk	<b>December 4</b> Sloppy Joe on WG Bun Broccoli & Cheese Coleslaw Mandarin Oranges Fresh Fruit Choice of Milk	<b>December 5</b> Turkey Club Croissant Sweet Potato Fries Green Beans Mandarin Slices Fresh Fruit Choice of Milk
<b>December 8</b> Hamburger or Cheeseburger on WG Bun Tater Tots Baked Beans Mixed Fruit Fresh Fruit Choice of Milk	<b>December 9</b> Chicken Parmesan WG Roll Green Beans Mixed Vegetables Chilled Peas Fresh Fruit Choice of Milk	<b>December 10</b> Beefy Nachos Pinto Beans Sweet Yellow Corn Fresh Apple Slices Fresh Fruit Choice of Milk	<b>December 11</b> General Tso Chicken WG Fried Rice Steamed Broccoli Glazed Carrots Pineapple Fresh Fruit Choice of Milk	<b>December 12</b> Pizza Sticks w/ Marinara Carrot Sticks w/ Dip Garden Salad Peaches Fresh Fruit Choice of Milk
<b>December 15</b> Baked Ham w/ WG Roll Mashed Potatoes Green Beans Baked Apples Fresh Fruit Choice of Milk	<b>December 16</b> WG Cheese or Pepperoni Pizza Carrot Sticks with Dip Garden Salad Fresh Apple Slices Fresh Fruit Choice of Milk	<b>December 17</b> Chicken Ranch Wrap Broccoli w/ Dip Black-eye Peas Applesauce Fresh Fruit Choice of Milk	<b>December 18</b> Bagged Lunches  Early Release Day	<b>December 19</b> No School
<b>December 22</b> No School	<b>December 23</b> No School	<b>December 24</b> No School	<b>December 25</b> No School	<b>December 26</b> No School
<b>December 29</b> No School	<b>December 30</b> No School	<b>December 31</b> No School		

## Families Making the Connection

### Wash Hands to Stop the Spread of Germs

\*Menu subject to change.

December 1-7 | Handwashing Awareness Week. Handwashing is one of the best ways to stop the spread of germs that cause illness. Make sure to wash your hands thoroughly by following these steps:

- **Wet** your hands with clean, running water. Add soap.
- **Lather** your hands with soap. Wash all surfaces on hands. Wash carefully between your fingers, around the tops and palms, over wrists, and under fingernails.
- **Scrub** your hands for at least 20 seconds.
- **Rinse** your hands well under clean, running water.
- **Dry** your hands with a clean, disposable paper towel.
- Turn off the faucet using the disposable paper towel instead of your clean, bare hands.

When should you wash your hands?

- Before, during and after you prepare a meal or before eating
- After handling raw meat, poultry, seafood, eggs or flour
- After blowing your nose, coughing or sneezing.
- After using the bathroom
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- Before and after treating a cut or wound
- After changing diapers or cleaning up someone who has used the bathroom
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage