



# Williams Academy Breakfast Menu

## April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>April 1</b> WG Banana Bread Slice WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Pears Variety of Juice Choice of Milk	<b>April 2</b> Bacon, Egg & Cheese on WG English Muffin WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	<b>April 3</b> No School
<b>April 6</b> No School	<b>April 7</b> No School	<b>April 8</b> No School	<b>April 9</b> No School	<b>April 10</b> No School
<b>April 13</b> WG French Toast Sticks WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Applesauce Variety of Juice Choice of Milk	<b>April 14</b> Sausage, Egg & Cheese on WG Croissant WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	<b>April 15</b> WG Sweet Bun WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Peaches Variety of Juice Choice of Milk	<b>April 16</b> Chicken Biscuit WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	<b>April 17</b> WG Dunkin Stix WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Pineapple Variety of Juice Choice of Milk
<b>April 20</b> WG Pancakes WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Mixed Fruit Variety of Juice Choice of Milk	<b>April 21</b> Sausage Biscuit WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	<b>April 22</b> WG Banana Bread Slice WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Pears Variety of Juice Choice of Milk	<b>April 23</b> Bacon, Egg & Cheese on WG English Muffin WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	<b>April 24</b> WG Apple Strudel WG Cereal w/ WG Graham Crackers WG Pop-Tarts Mandarin Oranges Variety of Juice Choice of Milk
<b>April 27</b> WG Waffle WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Applesauce Variety of Juice Choice of Milk	<b>April 28</b> Scrambled Eggs, Bacon, WG Toast WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	<b>April 29</b> WG Cinnamon Roll WG Cereal w/ WG Graham Crackers WG Pop-Tarts Chilled Peaches Variety of Juice Choice of Milk	<b>April 30</b> Biscuit w/ Sausage Gravy WG Muffin w/ Yogurt WG Nutri-Grain Bar w/ Yogurt Fresh Fruit Variety of Juice Choice of Milk	

## Families Making the Connection

\*Menu subject to change.

### Explore Gardening

Did you know that April is Garden Month? Gardening allows you to be outside, get some exercise, and grow fruits, vegetables, and herbs you can use in nutritious meals and snacks. It can help you cut expenses by growing your own food, learn about different plants, build or practice gardening skills, and manage or reduce stress. Gardening offers an opportunity to spend time with family, practice communication and teamwork, and enhance problem solving. You can also build community by connecting with other local gardeners and protecting the environment. You do not need lots of space or expertise to garden. You can have a windowsill garden, container garden, raised bed garden, or a garden plot. Part of the fun of gardening is trying out new seeds or plants and seeing what you can grow.

Try these gardening tips:

- Pick a fruit, vegetable, or herb you would like to grow.
- Find the best time to plant, the type of soil it prefers, and how much sun, water, and space it needs to grow.
- Plant the seed, seedling, or transplant.
- Make sure it gets enough water and sunlight.
- Watch it grow.
- Harvest.